**Module 1 Part 6: Choose Your Own Adventure**

*This section corresponds with middle school classroom materials Module 1 Activity* 1.

Introduction

Objective: You will practice making high school choices and determine where they lead you.

Estimated time needed: 30-45 minutes

Materials provided:

Choose Your Own Adventure Reflection Sheet

Materials needed:

Internet access

[Introduction](#Introduction)

[Learn About It](#Learn)

My Goals

* Recognize you will make important choices in high school
* Reflect on the impact of the choices you will make in high school

[Objective Check](#Objective)

[Digging Deeper](#Digging)



Learn About It

In the early 1980’s, Choose Your Own Adventure books were written, and they became a huge hit. In these books, the reader could make choices about what should happen next. Based on those decisions, the book took different twists and turns. The book could have a completely different plot based on what the reader chose to do. The challenges, adventure, and victories would be different just because of choices.

Our lives are the same way. In our day to day activities, we have to make choices. These decisions may have to be made quickly, but sometimes we can plan them out in advance. Just like the books, our choices will lead to different challenges, adventures, and victories.

Sometimes the decisions that we need to make can be overwhelming. In these situations, being prepared can give us confidence in the decisions that we are making. Today you have a chance to practice making decisions that you might face in high school by completing your own Choose Your Own Adventure.

To help you in the process, print out a copy of the Choose Your Own Adventure Reflection Guide. Click here to access the guide; it will help you to track your decisions and the results of your decisions.

Parents Chime In

This can be a very fun activity with a lot of different scenarios. It might be fun for you and your child to both do the activity separately from each other and then compare your results. Talk about why you made your choices and how they affected the story.

Wrapping Up

You are well on your way to being an informed decision maker. You know your learning strengths and weaknesses, you understand the importance of course selection and how it impacts your future, and you have a good handle on what high school will be like. Remember, practicing and being prepared will only help you make effective decisions down the road.

Parents Chime In

The activity is meant to be fun, but it’s even more important that your child can apply the activity to his or her life. Take the time to complete the second page of the reflection guide with your child. Walking through important decisions now will make those same decisions much more seamless when the time comes to actually make them. Use the knowledge gained from other lessons to help with these decisions. Most importantly, spend time listening to your child. Authentic conversations are the first step to a successful high school career.

Get Ready to Choose Your Own Adventure

It’s time to get started. Make sure you have your copy of the Choose Your Own Adventure Reflection Guide. Click [here](https://writer.inklestudios.com/stories/4bqn) to get started. You can always do it more than once if you want to check out the other options.

When you are finished, use the second page of the Reflection Guide to help you apply the results of this activity to your own high school decisions. This is the most important part of the activity. Spend some time thinking about the decisions that you will want to make, and how those decisions will impact your high school career and beyond. Make sure that you share the results with your parent or guardian!

Have you accomplished today’s objective?

Objective: You will practice making high school choices and determine where they lead you.

*If so, congratulations!*

*If not, review the information from previous lessons or use the links below for more information. Have your parent or guardian review this material with you.*

Digging Deeper (all of the links were found on 5/20/16)

<http://www.skillsyouneed.com/ips/decision-making.html>

<https://bigfuture.collegeboard.org/get-in/your-high-school-record/high-school-classes-colleges-look-for>

<https://www.khanacademy.org/college-admissions/making-high-school-count/high-school-classes/a/selecting-high-school-classes-in-preparation-for-college>