

	Monday	Tuesday	Wednesday	Thursday	Friday
6:00–6:30	Dinner	Dinner	Dinner	Dinner	Dinner
6:30–7:00					
7:00–7:30	Hang out with friends			Study Math (attend review session offered by instructor)	Service-learning event with student organization
7:30–8:00		Recreational reading	Study Art (work on project)	Do laundry	
8:00–8:30		Watch favorite TV shows with roommate			
8:30–9:00					
9:00–9:30	Attend residence hall social	Watch favorite TV shows with roommate		Bowling at student recreation center	Movie with friends
9:30–10:00			Recreational reading		
10:00–10:30			Call or email friends/family		
10:30–11:00					
11:00– 11:30	Bedtime routine and sleep	Bedtime routine and sleep	Bedtime routine and sleep	Bedtime routine and sleep	Bedtime routine and sleep
11:30–12:00					
12:00–					

